

MGAF - Modified Global Assessment of Functioning Scale

Instructions:

- Use scale to assess the severity of impairment in psychological, social and family, vocational, educational, self-care and independent living on a continuum of wellness / illness.
- To be completed at intake/admission, at every three month review, and/ or whenever a significant change in functioning occurs and at discharge/transition.

90 Absent or Minimal Symptoms

Criteria: Minimal or absent symptoms (e.g., mild anxiety before an examination)
 Good functioning in all areas and satisfied with life
 Interested and involved in a wide range of activities
 Socially effective
 No more than everyday problems or concerns (e.g., an occasional argument with family members)

Scoring: 88-90 No symptoms or everyday problems
 84-87 Minimal symptoms or everyday problems
 81-83 Minimal symptoms and everyday problems

80 Some Transient Mild Symptoms

Criteria: Mild symptoms are present, but they are transient and expectable reactions to psychosocial stressors (e.g., difficulty concentrating after family argument).
 Slight impairment in social, work, or school functioning (e.g., temporarily falling behind in school or work).

Scoring: 78-80 EITHER mild symptom(s) OR mild impairment in social, work or school functioning
 74-77 Mild impairment in more than one area of social, work or school functioning
 71-73 BOTH mild symptoms AND slight impairment in social, work & school functioning

70 Some Persistent Mild Symptoms

Criteria: Mild symptoms are present that are NOT just expectable reactions to psychosocial stressors (e.g., mild or lessened depression and/or mild insomnia)
 Some persistent difficulty in social, work or school functioning (e.g., occasional truancy, theft within the family, or repeated falling behind in school or work)
 But has some meaningful interpersonal relationships

Scoring: 68-70 EITHER mild persistent symptoms OR mild difficulty in social, work, or school functioning
 64-67 Mild persistent difficulty in more than one area of social, work or school functioning
 61-63 BOTH mild persistent symptoms AND some difficulty in social, work, and school functioning

60 Moderate Symptoms

Criteria: Moderate symptoms (e.g., frequent, moderate depressed mood and insomnia and/or moderate ruminating and obsessing; or occasional anxiety attacks; or flat affect and circumstantial speech; or eating problems and below minimum safe weight without depression).

Moderate difficulty in social, work, or school functioning (e.g., few friends, or conflicts with co-workers)
Scoring: 58-60 EITHER moderate symptoms OR moderate difficulty in social, work, or school functioning
 54-57 Moderate difficulty in more than 1 area of social, work or school functioning

51-53 BOTH moderate symptoms AND moderate difficulty in social, work and school functioning

50 Some Serious Symptoms or Impairment in Functioning

Criteria: Serious impairment with work, school or housework if a housewife or house husband (e.g., unable to keep job or stay in school, or failing school, or unable to care for family and house)
 Frequent problems with the law (e.g., frequent shoplifting, arrests) or occasional combative behavior
 Serious impairment in relationships with friends (e.g., very few or no friends, or avoids current friends)
 Serious impairment in judgment (incl. inability to make decisions, confusion, disorientation)
 Serious impairment in thinking (incl. constant preoccupation w/ thoughts, distorted body image, paranoia)
 Serious impairment in mood (incl. constant depressed mood plus helplessness and hopelessness, or agitation, or manic mood)
 Serious impairment due to anxiety (panic attacks, overwhelming anxiety)
 Other symptoms: some hallucinations, delusions, or severe obsessional rituals
 Passive suicidal ideation

Scoring: 48-50 1 area of disturbance
 44-47 2 areas of disturbance
 41-43 3 areas of disturbance

40		<u>Major Impairment in Several Areas of Functioning</u>
		<i>Criteria:</i> Serious impairment with work, school or housework if a housewife or house husband (e.g., unable to keep job or stay in school, or failing school, or unable to care for family and house)
		Frequent problems with the law (e.g., frequent shoplifting, arrests) or occasional combative behavior
		Serious impairment in relationships with friends (e.g., very few or no friends, or avoids current friends)
		Serious impairment in judgment (incl. inability to make decisions, confusion, disorientation)
		Serious impairment in thinking (incl. constant preoccupation w/ thoughts, distorted body image, paranoia)
		Serious impairment in mood (incl. constant depressed mood plus helplessness and hopelessness, or agitation, or manic mood)
		Serious impairment due to anxiety (panic attacks, overwhelming anxiety)
		Other symptoms: some hallucinations, delusions, or severe obsessional rituals
		Passive suicidal ideation
	<i>Scoring:</i>	38-40 4 areas of disturbance
		34-37 5 areas of disturbance
31		31-33 6 areas of disturbance
30		<u>Inability to Function in Almost All Areas</u>
		<i>Criteria:</i> Suicidal Preoccupation or frank suicidal ideation with preparation
	(Unique	OR behavior considerably influenced by delusions or hallucinations
	items)	OR serious impairment in communication (sometimes incoherent, acts grossly inappropriately, or profound stuporous depression)
	OR	
	(Com-	Serious impairment with work, school or housework if a housewife or househusband (e.g., unable to
	bin-	keep job or stay in school, or failing school, or unable to care for family and house)
	ed	
	items)	Frequent problems with the law (e.g., frequent shoplifting, arrests) or occasional combative behavior
		Serious impairment in relationships with friends (e.g., very few or no friends, or avoids current friends)
		Serious impairment in judgment (incl. inability to make decisions, confusion, disorientation)
		Serious impairment in thinking (incl. constant preoccupation w/ thoughts, distorted body image, paranoia)
		Serious impairment in mood (incl. constant depressed mood plus helplessness and hopelessness, or agitation, or manic mood)
		Serious impairment due to anxiety (panic attacks, overwhelming anxiety)
		Other symptoms: some hallucinations, delusions, or severe obsessional rituals
		Passive suicidal ideation
	<i>Scoring:</i>	21 1 of the first 3 (unique) criteria OR
		28-30 7 of the Combined criteria
		24-27 8-9 of the Combined criteria
21		20-23 10 of the Combined criteria
20		<u>In Some Danger of Hurting Self or Others</u>
		<i>Criteria:</i> Suicide attempts w/out clear expectation of death (e.g., mild overdose or scratching wrists with people around)
		Some severe violence or self-mutilating behaviors
		Severe manic excitement, or severe agitation and impulsivity
		Occasionally fails to maintain minimum personal hygiene (e.g., diarrhea due to laxatives, or smearing feces)
		Urgent / emergency admission to psychiatric hospital
		In physical danger due to medical problems (e.g., severe anorexia or bulimia and some spontaneous vomiting or extensive laxative / diuretic / diet pill use, but without serious heart or kidney problems or severe dehydration and disorientation)
	<i>Scoring:</i>	18-20 1-2 of the 6 areas of disturbance in this category
		14-17 3-4 of the 6 areas of disturbance in this category
11		11-13 5-6 of the 6 areas of disturbance in this category
10		<u>In Persistent Danger of Severely Hurting Self or Others</u>
		<i>Criteria:</i> Serious suicidal act with clear expectation of death (e.g., stabbing, shooting, hanging, or serious overdose with no one present)
		Frequent severe violence or self-mutilation
		Extreme manic excitement, or extreme agitation and impulsivity (e.g., wild screaming, and ripping the stuffing out of a bed mattress)
		Persistent inability to maintain minimal personal hygiene
		Urgent / emergency admission to psychiatric hospital
		In acute, severe danger due to medical problems (e.g., severe anorexia / bulimia with heart or kidney problems, or spontaneous vomiting WHENEVER food is ingested, or severe depression with out-of-control diabetes)
	<i>Scoring:</i>	8-10 1-2 of the 6 areas of disturbance in this category
		4-7 3-4 of the 6 areas of disturbance in this category
0		1-3 5-6 of the 6 areas of disturbance in this category